

**Ergebnisliste Altersklassen 24 km Kötterberglauf**

| Platz                  | Platz-<br>m/w | Name                    | Verein                                 | Zeit    | Diff. zu<br>1. AK | Startnr. |
|------------------------|---------------|-------------------------|--|---------|-------------------|----------|
| <b>Frauen</b>          |               |                         |  |         |                   |          |
| 1.                     | 20.           | Ramona Richter          |  | 2:57:47 | --                | 2635     |
| <b>Seniorinnen W30</b> |               |                         |  |         |                   |          |
| 1.                     | 5.            | Andrea Müller           | Non-Stop-Ultra Brakel                  | 2:19:19 | --                | 2563     |
| 2.                     | 13.           | Kathleen Eckardt        | Team Läufer.                           | 2:37:18 | +17:59            | 2556     |
| 3.                     | 14.           | Janine Gilles           | Team Läufer.                           | 2:37:52 | +18:33            | 2589     |
| <b>Seniorinnen W35</b> |               |                         |  |         |                   |          |
| 1.                     | 4.            | Melanie Porsch          | SC Borchten                            | 2:19:06 | --                | 2597     |
| 2.                     | 19.           | Corinna Renger          | Boxsportschule Lokomotive Spandau e.V. | 2:51:21 | +32:15            | 2568     |
| <b>Seniorinnen W40</b> |               |                         |  |         |                   |          |
| 1.                     | 1.            | Elke Wolf               | SCC Scharmiede                         | 2:03:14 | --                | 2592     |
| 2.                     | 7.            | Katja Hollensteiner     | LC 92 Bad Salzuflen                    | 2:23:20 | +20:06            | 2541     |
| 3.                     | 9.            | Claudia Reinold         | TuS 13 Hembsen                         | 2:30:12 | +26:58            | 2557     |
| 4.                     | 11.           | Melanie Thonemann       | Warburger SV                           | 2:34:37 | +31:23            | 2596     |
| <b>Seniorinnen W45</b> |               |                         |  |         |                   |          |
| 1.                     | 2.            | Sandra Grimm            | SV Brenkhausen-Bosseborn               | 2:03:39 | --                | 2643     |
| 2.                     | 8.            | Corinna Klemme          | LG TuS Lügde                           | 2:25:22 | +21:43            | 2647     |
| 3.                     | 10.           | Michaela Ahrens         |  | 2:33:24 | +29:45            | 2641     |
| 4.                     | 12.           | Katrin Brockmann        | TV Jahn Bad Driburg                    | 2:37:05 | +33:26            | 2627     |
| 5.                     | 15.           | Karin Becker            | SV RW Bentfeld                         | 2:39:21 | +35:42            | 2629     |
| 6.                     | 17.           | Stefanie Strauß         | LC 92 Bad Salzuflen                    | 2:45:34 | +41:55            | 2630     |
| 7.                     | 23.           | Daniela Guth            | LT Herbram                             | 3:13:03 | +1:09:24          | 2636     |
| <b>Seniorinnen W50</b> |               |                         |  |         |                   |          |
| 1.                     | 6.            | Michaela Turow-Gaszczak | ohne                                   | 2:21:58 | --                | 2542     |
| 2.                     | 18.           | Heike Soares            | SV Reelsen                             | 2:50:11 | +28:13            | 2548     |
| 3.                     | 24.           | Felicitas Mag           | LT Herbram                             | 3:13:07 | +51:09            | 2638     |
| 4.                     | 25.           | Monika Rupp             | SCC Scharmiede                         | 3:35:39 | +1:13:41          | 2551     |
| <b>Seniorinnen W55</b> |               |                         |  |         |                   |          |
| 1.                     | 3.            | Ursula Lause            | VfB Salzkotten                         | 2:16:46 | --                | 2619     |
| <b>Seniorinnen W60</b> |               |                         |  |         |                   |          |
| 1.                     | 16.           | Anette Schäfers         | LT Elsen Wewer                         | 2:42:01 | --                | 2626     |
| 2.                     | 22.           | Susanne Mielke          | TV Flerke                              | 3:12:44 | +30:43            | 2616     |
| <b>Seniorinnen W65</b> |               |                         |  |         |                   |          |
| 1.                     | 21.           | Anne Ahlemeyer          | LT Elsen - Wewer                       | 3:00:45 | --                | 2628     |
| <b>Männer</b>          |               |                         |  |         |                   |          |
| 1.                     | 6.            | Micha Ridderbusch       | SpV6 Steinhagen                        | 1:49:14 | --                | 2632     |
| 2.                     | 36.           | Benjamin Lang           | BRAUN media TEAM                       | 2:03:39 | +14:25            | 2505     |
| <b>Senioren M30</b>    |               |                         |  |         |                   |          |
| 1.                     | 1.            | Jan Kaschura            | RunArtist Holzminden                   | 1:33:44 | --                | 2608     |
| 2.                     | 12.           | Benedikt Hildmann       | Eggemänner Bad Lippspringe             | 1:51:28 | +17:44            | 2562     |
| 3.                     | 31.           | Maximilian Pytlik       | TuS Ovenhausen                         | 2:01:06 | +27:22            | 2583     |
| 4.                     | 47.           | Markus Rudolph          | TUS 13 Hembsen                         | 2:10:45 | +37:01            | 2617     |
| 5.                     | 51.           | Alexander Griese        | ohne                                   | 2:13:17 | +39:33            | 2554     |
| 6.                     | 56.           | Lukas Grüner            | Non-Stop-Ultra                         | 2:18:07 | +44:23            | 2513     |

**Ergebnisliste Altersklassen 24 km Kötterberglauf**

| Platz | Platz-<br>m/w | Name                | Verein           | Zeit    | Diff. zu<br>1. AK | Startnr. |
|-------|---------------|---------------------|------------------|---------|-------------------|----------|
| 7.    | 96.           | Johannes Drösemeier | BRAUN media TEAM | 2:57:48 | +1:24:04          | 2565     |

**Senioren M35**

|     |     |                         |  |         |          |      |
|-----|-----|-------------------------|--|---------|----------|------|
| 1.  | 3.  | Paul Maksuti            | Delbrück läuft                         | 1:38:23 | --       | 2590 |
| 2.  | 4.  | Marcel Bückner          | Delbrück läuft                         | 1:41:27 | +3:04    | 2621 |
| 3.  | 13. | Daniel Knoop            | ohne                                   | 1:52:05 | +13:42   | 2550 |
| 4.  | 24. | Fabian Bergfeld         | ohne                                   | 1:57:31 | +19:08   | 2553 |
| 5.  | 32. | Markus Spieker          | TuS Ovenhausen                         | 2:01:06 | +22:43   | 2582 |
| 6.  | 33. | karsten kerkloh         | Team Elternzeit                        | 2:01:12 | +22:49   | 2530 |
| 7.  | 39. | Daniel Niemann          | Team Egger                             | 2:05:56 | +27:33   | 2645 |
| 8.  | 57. | Kai Uwe Heinemann       | SC Borchen                             | 2:19:07 | +40:44   | 2501 |
| 9.  | 60. | Christian Franke-Hansen | -                                      | 2:19:58 | +41:35   | 2555 |
| 10. | 81. | Thorsten Steinkröger    | KCP Paderborn                          | 2:34:09 | +55:46   | 2506 |
| 11. | 91. | Andreas Bertelsmeier    | Boxsportschule Lokomotive Spandau e.V. | 2:48:54 | +1:10:31 | 2519 |

**Senioren M40**

|     |     |                        |                                      |         |          |      |
|-----|-----|------------------------|--------------------------------------|---------|----------|------|
| 1.  | 5.  | Andrej Wolf            | SCC Scharmede                        | 1:47:01 | --       | 2606 |
| 2.  | 8.  | Christian Tewes        | LV Bördeland Borgentreich            | 1:49:45 | +2:44    | 2609 |
| 3.  | 9.  | Thomas Bensick         | ohne                                 | 1:49:58 | +2:57    | 2558 |
| 4.  | 11. | Markus Böddeker        | TV Jahn Bad Driburg                  | 1:51:14 | +4:13    | 2607 |
| 5.  | 15. | Jörg Heger             | SC Borchen                           | 1:52:44 | +5:43    | 2531 |
| 6.  | 17. | Thorsten Seemann       | Non-Stop-Ultra                       | 1:53:35 | +6:34    | 2537 |
| 7.  | 26. | Raphael Meier          | TG Herford von 1860                  | 1:59:02 | +12:01   | 2593 |
| 8.  | 38. | Nico Wassel            | Teuto Runner                         | 2:05:40 | +18:39   | 2594 |
| 9.  | 43. | Thomas Manetzki        | Blomberger Nelkenläufer              | 2:06:52 | +19:51   | 2517 |
| 10. | 49. | Adrian Kacanski        | ohne                                 | 2:12:12 | +25:11   | 2579 |
| 11. | 68. | Michael Beune          | Bielefeld                            | 2:25:48 | +38:47   | 2511 |
| 12. | 84. | Andre Jablonski        | Warburger SV                         | 2:36:15 | +49:14   | 2611 |
| 13. | 87. | Alexander Strohmann    | TSVE Bielefeld 1890                  | 2:43:51 | +56:50   | 2639 |
| 14. | 88. | Boris Römer            | ohne                                 | 2:43:53 | +56:52   | 2539 |
| 15. | 90. | Christian Bertelsmeier | Boxsportschule Lokomotive Spandau eV | 2:48:37 | +1:01:36 | 2567 |
| 16. | 98. | Patrik Schwarz         | ohne                                 | 3:05:39 | +1:18:38 | 2560 |

**Senioren M45**

|     |      |                   |                                 |         |          |      |
|-----|------|-------------------|---------------------------------|---------|----------|------|
| 1.  | 2.   | Mathias Nahen     | TV Jahn Bad Driburg             | 1:37:38 | --       | 2623 |
| 2.  | 10.  | Lars Koch         | WSV Beverungen                  | 1:50:41 | +13:03   | 2646 |
| 3.  | 16.  | Christoph Giefers | TuS 13 Hembsen                  | 1:53:34 | +15:56   | 2561 |
| 4.  | 18.  | Andreas Wiegran   | TV Jahn Bad Driburg             | 1:54:28 | +16:50   | 2603 |
| 5.  | 19.  | Stefan Rustemeier | TV Jahn Bad Driburg             | 1:54:39 | +17:01   | 2503 |
| 6.  | 20.  | Rainer Sprehe     | TUS Eintrach Bielefeld          | 1:55:34 | +17:56   | 2510 |
| 7.  | 30.  | Frank Borgolte    | SC Borchen                      | 2:00:52 | +23:14   | 2574 |
| 8.  | 40.  | Thorsten Hake     | LT Lieth Paderborn              | 2:06:10 | +28:32   | 2533 |
| 9.  | 45.  | Jörg Niewels      | Eggemänner Bad Lippspringe      | 2:09:54 | +32:16   | 2605 |
| 10. | 53.  | Holger Müller     | GüMi                            | 2:14:15 | +36:37   | 2581 |
| 11. | 61.  | Jan Wieman        | ohne                            | 2:20:11 | +42:33   | 2538 |
| 12. | 69.  | Andreas Heinemann | TC GW Dringenberg               | 2:26:05 | +48:27   | 2502 |
| 13. | 71.  | Markus Klughardt  | Windmühle Exter                 | 2:26:50 | +49:12   | 2618 |
| 14. | 72.  | Cord Ahrens       | GüMi                            | 2:27:13 | +49:35   | 2640 |
| 15. | 76.  | Thomas Koch       | SV Spexard                      | 2:30:33 | +52:55   | 2535 |
| 16. | 82.  | Jörg Vonnahme     | BRAUN media TEAM / Ultrafriesen | 2:35:44 | +58:06   | 2572 |
| 17. | 95.  | Christian Held    | LC 92 Bad Salzuflen             | 2:55:56 | +1:18:18 | 2620 |
| 18. | 100. | Stefan Diekmann   | LC 92 Bad Salzuflen             | 3:12:07 | +1:34:29 | 2564 |

**Ergebnisliste Altersklassen 24 km Kötterberglauf**

| Platz               | Platz-<br>m/w | Name                    | Verein                      | Zeit    | Diff. zu<br>1. AK | Startnr. |
|---------------------|---------------|-------------------------|-----------------------------|---------|-------------------|----------|
| <b>Senioren M50</b> |               |                         |                             |         |                   |          |
| 1.                  | 7.            | Jürgen Klemme           | LG TuS Lügde                | 1:49:15 | --                | 2648     |
| 2.                  | 21.           | Norbert Pink            | BW Osternland               | 1:55:43 | +6:28             | 2566     |
| 3.                  | 23.           | Carsten Ridder          | TUS Schieder                | 1:56:51 | +7:36             | 2650     |
| 4.                  | 28.           | Hermann Loges           | Non-Stop-Ultra Brakel       | 1:59:48 | +10:33            | 2625     |
| 5.                  | 34.           | Harald Rupp             | SCC Scharmede               | 2:02:33 | +13:18            | 2552     |
| 6.                  | 42.           | Mario Knipping          | NSU Branke                  | 2:06:50 | +17:35            | 2504     |
| 7.                  | 50.           | Frank van Hoof          | TSV Schloss Neuhaus         | 2:12:57 | +23:42            | 2578     |
| 8.                  | 58.           | Andreas Sander          | TuS Brake in Lippe e.V.     | 2:19:50 | +30:35            | 2508     |
| 9.                  | 64.           | Andreas Pflaum          | ohne                        | 2:22:41 | +33:26            | 2577     |
| 10.                 | 66.           | Andreas Lucht           | RSV Waddenhausen            | 2:23:34 | +34:19            | 2536     |
| 11.                 | 67.           | Thomas Kluthe           |                             | 2:25:14 | +35:59            | 2507     |
| 12.                 | 70.           | Frank Hass              | ohne                        | 2:26:29 | +37:14            | 2580     |
| 13.                 | 73.           | Günter Brade            | GüMi                        | 2:27:39 | +38:24            | 2642     |
| 14.                 | 75.           | Gerhard Stute           | LT Herbram                  | 2:29:31 | +40:16            | 2516     |
| 15.                 | 78.           | Jürgen Diekmann         |                             | 2:32:22 | +43:07            | 2614     |
| 16.                 | 80.           | Gregor Böhmer           | TSV Schloß Neuhaus          | 2:33:54 | +44:39            | 2586     |
| 17.                 | 93.           | Fernando Soares         | SV Reelsen                  | 2:50:14 | +1:00:59          | 2549     |
| <b>Senioren M55</b> |               |                         |                             |         |                   |          |
| 1.                  | 14.           | Andreas Mügge           | TV Jahn Bad Driburg         | 1:52:21 | --                | 2622     |
| 2.                  | 22.           | Reiner Schach           | LT Herbram                  | 1:56:05 | +3:44             | 2512     |
| 3.                  | 27.           | Wolfgang Von Hagen      | SC Borchten                 | 1:59:35 | +7:14             | 2585     |
| 4.                  | 37.           | Josef Müller            | TuS 13 Hembsen              | 2:04:47 | +12:26            | 2615     |
| 5.                  | 48.           | Martin Radke            | TV Jahn Bad Driburg         | 2:10:56 | +18:35            | 2600     |
| 6.                  | 55.           | Andreas Schildmann      | RSV Waddenhausen            | 2:17:18 | +24:57            | 2613     |
| 7.                  | 59.           | Jörg Winter             | TG Lage                     | 2:19:52 | +27:31            | 2633     |
| 8.                  | 65.           | Peter Schuchhardt       | Post SV Gütersloh           | 2:23:00 | +30:39            | 2518     |
| 9.                  | 77.           | Frank Kröber            | LG Fastflitzer Osterwald    | 2:31:52 | +39:31            | 2591     |
| 10.                 | 79.           | Thomas Brune            | TG Lage                     | 2:33:38 | +41:17            | 2546     |
| 11.                 | 83.           | Karl-Josef Düwel        | Man Teou Renner Steinheim   | 2:36:05 | +43:44            | 2644     |
| 12.                 | 85.           | Peter Dingerkus         | Warburger SV                | 2:41:38 | +49:17            | 2610     |
| <b>Senioren M60</b> |               |                         |                             |         |                   |          |
| 1.                  | 25.           | Joachim Lose            | LG Oerlinghausen            | 1:58:42 | --                | 2649     |
| 2.                  | 29.           | Ulrich Radtke           | RunArtist Holzminden        | 2:00:34 | +1:52             | 2604     |
| 3.                  | 35.           | Albert Holtkamp         | TSV Lothe 04                | 2:03:07 | +4:25             | 2595     |
| 4.                  | 41.           | Norbert Ebel            | TV Flerke                   | 2:06:14 | +7:32             | 2624     |
| 5.                  | 44.           | Michael Menzhausen      | Sportfreunde Sennestadt     | 2:09:23 | +10:41            | 2601     |
| 6.                  | 46.           | Christoph Bracht        | LS Altenbeken               | 2:10:14 | +11:32            | 2587     |
| 7.                  | 52.           | Jürgen Koralewicz       | SV Rot-Weiß Bentfeld        | 2:13:46 | +15:04            | 2573     |
| 8.                  | 62.           | Hartmut Dahlmann        | HaxterLauffreunde Paderborn | 2:20:18 | +21:36            | 2588     |
| 9.                  | 63.           | Ulrich Loest            | SC. Vlotho                  | 2:21:09 | +22:27            | 2599     |
| 10.                 | 74.           | Wilhelm Düeweke         | Non-Stop-Ultra Brakel       | 2:28:42 | +30:00            | 2575     |
| 11.                 | 86.           | Werner Kleffner         | LT Elsen Wewer              | 2:42:06 | +43:24            | 2631     |
| 12.                 | 92.           | Michi Gaus              | SC Borchten                 | 2:49:40 | +50:58            | 2559     |
| 13.                 | 97.           | Andreas Schmuck         | TG Lage                     | 3:05:26 | +1:06:44          | 2634     |
| 14.                 | 101.          | Andreas Mag             | LT Herbram                  | 3:13:08 | +1:14:26          | 2637     |
| 15.                 | 102.          | Peter Schütte           | SV Heide Tischtennis        | 3:36:46 | +1:38:04          | 2528     |
| <b>Senioren M65</b> |               |                         |                             |         |                   |          |
| 1.                  | 54.           | Karl-Wolfgang Seitkümer | TG Lage                     | 2:14:21 | --                | 2612     |

**Ergebnisliste Altersklassen 24 km Köterberglauf**

---

| <b>Platz</b>        | <b>Platz-<br/>m/w</b> | <b>Name</b>        | <b>Verein</b>       | <b>Zeit</b> | <b>Diff. zu<br/>1. AK</b> | <b>Startnr.</b> |
|---------------------|-----------------------|--------------------|---------------------|-------------|---------------------------|-----------------|
| 2.                  | 99.                   | Adalbert Grüner    | Non-Stop-Ultra      | 3:06:37     | +52:16                    | 2515            |
| <b>Senioren M70</b> |                       |                    |                     |             |                           |                 |
| 1.                  | 89.                   | Peter Massek       | LC 92 Bad Salzuflen | 2:45:36     | --                        | 2509            |
| 2.                  | 94.                   | Dieter Trierweiler | TG Lage             | 2:51:15     | +5:39                     | 2584            |

Anzahl Teilnehmer: 127